

# Special Needs Families

Parenting Education  
Parenting Reunification  
Supervised Visitation  
Independent Living Skills Training

## Services Include:

Parenting and Co-Parenting  
Childbirth Education  
Behavior Management  
Child Development  
Social & Emotional Skills  
Stress Reduction  
Anger Management  
Reunification Plan Implementation  
Hygiene & Self Care  
CPR/First Aid  
Academic Growth  
Housing  
Nutrition and Cooking  
Budgeting and Finance  
Employment Readiness  
Exercise & Weight Management  
Chronic Health Conditions  
Education  
Health Promotion  
Academic Growth  
Transportation Skills  
Injury Prevention, Safety  
Household Management  
Development of Social Support Systems  
Community Access

Services will be written into an individual service plan by FamilyWorks and approved by Regional Center or CPS case managers.



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*Strengthening relationships...  
for a lifetime...*

 **FamilyWorks**<sup>®</sup>  
[www.familyworks.org](http://www.familyworks.org)



## Whom Do We Serve?

Individuals with developmental disabilities. They may be living independently, or with others.

## FamilyWorks

### Excellence:

Founded in 1978, FamilyWorks provides comprehensive multi-disciplinary support, education and counseling services for adults, children, youth, teens and families and works collaboratively with many health and human service agencies.

In 1989, the Golden Gate Regional Center vendorized FamilyWorks as the GGRC's first parenting services provider. The program design, developed by FamilyWorks' founder and Executive Director, Mary Jane DeWolf-Smith, RN, MFT, draws on her experience as a parenting, life-skills, childbirth and family health educator.

FamilyWorks is also vendorized as a provider of Independent Living Skills services for adults who are not parents. FamilyWorks serves Regional Center & CPS consumers in the nine Bay Area counties.

### Multi-disciplinary Staff includes:

#### Program Director

Mary Jane DeWolf-Smith, RN, MA, MFT

#### Program Coordinator

Katherine Arnsbarger

#### Education and Outreach

Patricia Saunders, MA, MFT

Lew Tremaine

#### Operations Officers

Diana Wilkins

Candace Fraser

